

# ► Koupa Anastasia

Technician, Food Technologist

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## Education

- **Graduate of Sivitanidio School**, Chemical and Metallurgical Division, Department of Chemical Laboratories, Grade: 19.9/20
- **B.Sc. in Food Technology (1995-2000)**, Technological Educational Institute (T.E.I) of Athens, Grade: 6.62/10

## Research Topics

**Undergraduate Thesis:** “Development of microorganisms in cheese Limburger”, Laboratory of Biotechnology, Technological Educational Institute of Athens.

## Research Interests

- Food Analysis (nutritional labeling- proteins, carbohydrates, fat, dietary fibers, ash, moisture, starch, sugars).
- Implementation of the ISO 17025 service quality system.
- Sample management according to ISO 17025.
- Sample preparation techniques (QuEChERS, liquid-liquid extraction, microwave assisted extraction ultrasonic extraction, solid phase extraction etc.).

## Professional Experience

- **State Hospital of Nicaea (1998-1999)** (Internship)  
Biochemical section  
Experience in coding blood samples and in biochemical tests (measurements of sugar, uric acid, triglycerides, cholesterol, HDL cholesterol, LDL cholesterol, creatinine).
- **Agricultural Bank (2000-2001)** (Internship of Department of Agricultural Industries)  
Checking the ability of food industries on growth, sustainability, and funding .
- **Analytical services in service lab of Analytical Chemistry-NKUA (2017-present)**

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### Contact information

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